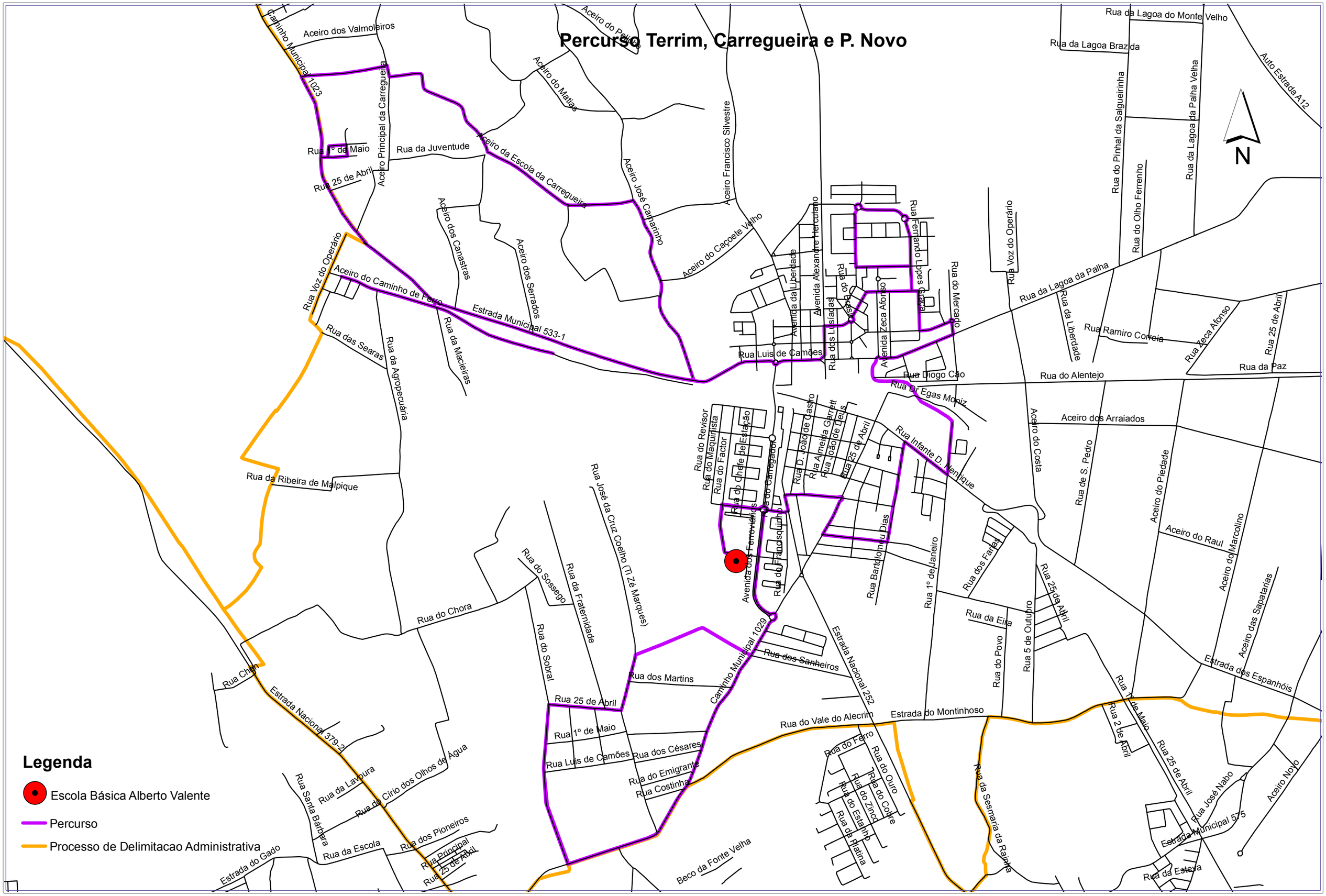Percurso Terrim, Carregueira e P. Novo