



Urban Trail
Step by step...
 discover **Palmela**
 historical village!

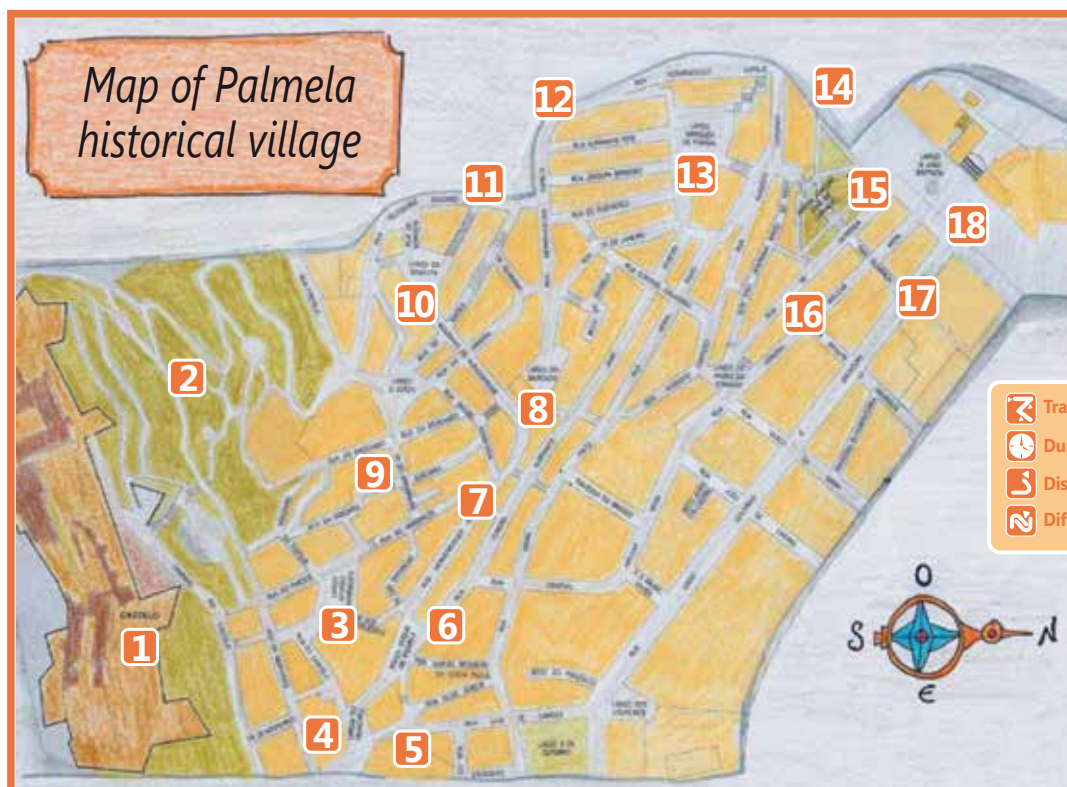


Discover Palmela trails



Get discounts.
 Conquer advantages!

Município
Palmela
 conquista



- 1 - Castle
- 2 - Venâncio Ribeiro da Costa Park
- 3 - Nenhures Street, El Rei D. Afonso Henriques Square, Castelo Street
- 4 - Town Hall
- 5 - S. Pedro Church
- 6 - Duque de Palmela Square (Pillory, Misericórdia Church)
- 7 - Hermenegildo Capelo Street
- 8 - Local Market

- 9 - Discover the historical village
 Route: Mouzinho de Albuquerque Street, Anjo Alley, Saboaria Street, Arrabalde Alley, Leões Alley, Arrabalde Street, Varandas Alley, Saboaria Street, Arrabalde Alley, El Rei D. João I Square, Simões Street.
- 10 - Boavista Square
- 11 - Santa Ana Public Wash house
- 12 - Terreiro Belvedere

- 13 - Passadiço Street and Marquês de Pombal Square
- 14 - D. Maria I Fountain
- 15 - Joaquim José de Carvalho Garden
- 16 - Amílcar Mota Street
- 17 - Gago Coutinho e Sacadura Cabral Street
- 18 - S. João Square (Public Library, S. João Baptista Chapel, Bandstand, S. João Theatre)

Fact sheet



Distance:
2,1 km



Duration:
1h30



Trail type:
Linear



Total Ascent/Descent:
54 m / 103 m



Maximum alt.: 228 m
Minimum alt.: 168 m

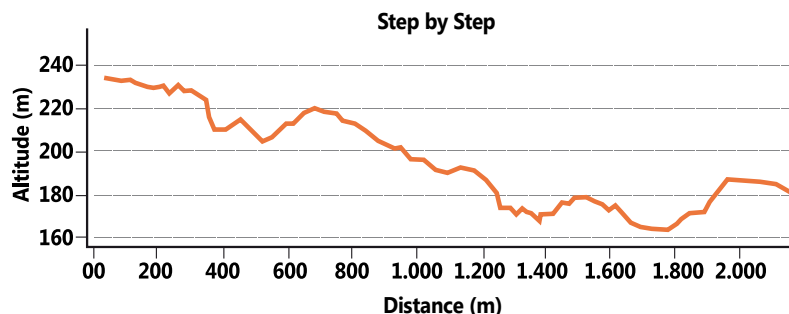


Difficulty level: easy

Starting point: Palmela Castle (1) | 38° 33'57.44" N / 8° 53' 59.94" O

Arrival point: S. João Square (18) | 38° 34'17.112" N / 8° 54' 10.941" O

Altimetry:



When to go: All year round. Beware of high temperatures in the summer and slippery terrain in the winter.

Suggestions: Along the way, feel free to visit some wine cellars like 'Casa Agrícola Assis Lobo', 'Casa de Atalaia' or 'Xavier Santana'*. At the end of the walk, reinvigorate yourself at the Setúbal Peninsula Wine Trail House*, eno-tourism office, wine and regional quality products shop (pastry, fruit jam, sheep butter, Azeitão cheese, honey, organic teas, artisan ice-creams, amongst others).

* Casa Agrícola Assis Lobo 38° 34'01.09" N / 8° 56' 30.57" O | Casa de Atalaia 38° 34'03.70" N / 8° 54' 08.70" O

Adega Xavier Santana 38° 34'13.18" N / 8° 54' 17.07" O | Setúbal Peninsula Wine Trail House 38° 34'17.47" N / 8° 54' 09.46" O

Rules and recommendations

Code of conduct:

- Respect the area avoid loud voices and noise
- Do not forget your camera to take photos for future memory or to register the beautiful landscape
- Do not litter, take it with you and dispose it in appropriate garbage containers
- Respect private property
- Be pleasant to the locals

Useful contacts: SOS emergency – 112 | SOS Forest Protection – 117

Basic safety information:

- Select clothing according to the environment and the weather
- Choose comfortable clothes or thermal wear, mainly in cotton or other synthetic fibres adequate to the activity
- Use good trail shoes or hiking boots
- Use suitable sock wear, seamless and quick-to-dry
- Use sunglasses and sunscreen (for most exposed skin)
- On rainy days use a waterproof or a wind stopper jacket (with hood)
- Avoid walking while hungry. Always bring water and food supplies with you (sandwiches, fruit, energy bars, etc.)
- Visit the local shops and markets
- Use a small backpack to allow you to walk with free hands as well as the spinal column in the right position
- Don't walk alone. Enjoy your trails with family and/or friends
- Remember that in some locations on the trails, mobile phone network can be intermittent or even non-existent